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| --- | --- | --- | --- | --- | --- | --- |
| 1. CUSTOMER SEGMENT(S)   |  | | --- | | Athletes and anyone Who are health conscious | | 6. CUSTOMER CONSTRAINTS   |  | | --- | | physically people will feel lazy and mentally they would feel stressed to follow a det cause of their wish to eat unhealthy food | |  | 5, AVAILABLE SOLUTIONS |  |
| Diet plan generator but not developed with Al, physical trainer in gyms and health conscious places |  |
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| 2. JOBS-TO-BE-DONE PROBLEMS   |  | | --- | | People who need assistance and a smart helper 10 know what to eat and when to eat and need to be reminded of their diet | | g. PROBLEM ROOT CAUSE   |  | | --- | | People find difficulty in finding people The Track their all over diet, so to find a reliable diet tracker to solve our unhealthy lifestyle | |  | |  | | --- | | Many people do not care about their health they need guidance and expect guidance s | | |
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| a. TRIGGERS accumulation of unhealthy fat and realization of unhealthy diet | 10. VOUR SOLUTION  The solution is to bring a Tension free and a reminding software to give a diet plan and also to remind to help you to follow it |  | 8. CHANNELS of BEHAVIOUR  People can get plan and diet online  Offline: people can their personalized diet plan and follow them in real life | |
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| 4. EMOTIONS: BEFORE AFTER hey feel insecure have their health conscious effect them always have a feel of being and having healthy habits After they feel healthy and confident about their body effects |
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Project Title: Nutritional Analyser for fitness enthusiasts

Project Design Phase-I - Solution Fit Template Team ID: PNT2022TMID293999